

## Rhythmically Speaking

By **Linda Shapiro** *Wednesday, Aug 15 2012*



This intrepid bunch of dancer/choreographers is revitalizing jazz and rhythm-based dance in the Twin Cities and showing us just how broad-based these forms can be. The wildly eclectic program ranges from hip hop to '60s-influenced jazz to Afro-funk.

Featured choreographers include **Deborah Elias, Karla Grotting, Cynthia Gutierrez-Garner, Carrie Lande, Erinn Liebhard, Jennifer Mack, Whitney McClusky, J-Sun Noer/Dancin' Dave, and Joanne Spencer,** an A list of local tappers, breakers, and jazzers. Each choreographer was also

given the task of improvising to the same song by local band GST, who will play live at the performance. Take a sneak peek at the results on the Rhythmically Speaking website, [rhythmicallyspeakingdance.org](http://rhythmicallyspeakingdance.org). *(Image by Aleutian Photography)* Aug. 16-18, 8 p.m., 2012

# Minnesota Monthly.

## August 2012 Arts Calendar

What you need to do, see, and hear this month

### Theater

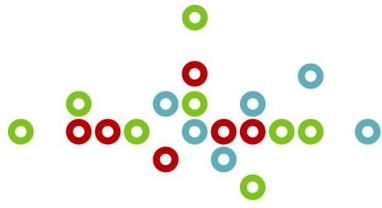
**Minnesota Fringe Festival** • Choose wisely, my friend. Your choices include Joseph Scrimshaw's bid for a third straight attendance award—*Nightmare Without Pants*, featuring Anna Sundberg—and this play about a play: *Joe Dowling's William's Shakespeare's "Romeo & Juliet" on the Moon*, featuring Kate Mulgrew as Lady Capulet. • 8/2–8/12, [fringefestival.org](http://fringefestival.org)

### Music

**Stillwater Music Festival** • No beer cups. No Porta-Potties. This is summer music in name only, featuring several performances from innovative banjoist Béla Fleck and the hip string quartet Brooklyn Rider, the latter joined by Kayhan Kalhor (master of the Persian *kehmancheh*, an ancient stringed instrument) at the Cedar Cultural Center. • 8/15–8/23, [stillwatermusicfestival.com](http://stillwatermusicfestival.com)

### Dance

**Rhythmically Speaking 2012** • The work of nine jazz-inspired choreographers at the Southern Theater. • 8/16–8/18, [rhythmicallyspeakingdance.org](http://rhythmicallyspeakingdance.org)



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## 4 ways to improve your weekend's outlook

Posted at 3:26 PM on August 17, 2012 by Marianne Combs Filed under: [Events](#)

*Brian Sostek and Megan McLellan in "Trickboxing" Photo by Ed Bock*

Feeling a little lackluster as you head into the weekend? Never fear! Here are a few options that will get you moving.

Love, dance and boxing - who can resist? Brian Sostek and Megan McLellan, the creative duo behind "[Sossy Mechanics](#)" is bringing back its old Fringe Festival gem "[Trickboxing](#)." This time the 75 minute show will get its run in the Dowling Studio of the Guthrie Theater through September 2.

If you can stay up late, and love cutting-edge music, then head on over to [Icehouse](#) Saturday night at 11pm for Late Night session with [Toki Wright](#), [Mayda](#), and [Lizzo & The Larva Ink](#).

Some of the area's best jazz and rhythm-driven choreographers have come together to give you an up-close look at how improvisation plays a role in their dance productions. "[Rhythmically Speaking](#)," now in its fourth year, runs tonight and tomorrow at the Southern Theater.

The [Renaissance Festival](#) is back! And this year it's caught itself a live mermaid. While I'm sure PETA would not approve, you can visit Ambrosia and take a gander at her scales during daily appearances at "Mermaid Cove." And then there's all the other stuff - food, dressing up, food, face-painting, food, jousting, food... The festival runs through September 30.